

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Race: \_\_\_\_\_ Marital Status: \_\_\_\_\_  
 Education: \_\_\_\_\_ Occupation: \_\_\_\_\_ Religion: \_\_\_\_\_

**MEDICAL AND FAMILY HISTORY – Please check if you or your blood relatives have had any of these:**

	Self	Relative	Relationship to you		Self	Relative	Relationship
Anemia				Arthritis			
Asthma/Lung Disease				Cancer			
Depression/Anxiety				Diabetes			
Drug /Alcoholism				Eye Disease			
Gout				Heart Disease			
Hepatitis/Liver Disease				High Blood Pressure			
High Cholesterol				HIV/AIDS			
Kidney Disease				Migraine Headaches			
Osteoporosis				Seizure Disorder			
Skin Disease				Stomach Ulcer			
Stroke				Thyroid Disease			
Tremor				Other			

**Medications/Supplements/Vitamins/Over the counter medications:**

**Hospitalizations/Surgeries:**

		<b>Allergies:</b>

**Notes: -**

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**Social History:**

If you currently smoke cigarettes how many per day \_\_\_\_\_? How long have you smoked \_\_\_\_\_? Have you ever quit \_\_\_\_\_?

If you are a former smoker when did you quit \_\_\_\_\_ and how long did you smoke \_\_\_\_\_? Other tobacco \_\_\_\_\_?

Do you ever drink wine \_\_\_\_\_, beer \_\_\_\_\_ or liquor \_\_\_\_\_? How many drinks per week \_\_\_\_\_? Do you want to stop \_\_\_\_\_?

**Health Maintenance:**

	Date of most recent:		Date of most recent:
Mammogram and/or breast exam		Flu shot	
Pap smear and/or pelvic exam		Tetanus shot	
PSA and/or prostate exam		Eye exam	
Colonoscopy		Dental visit	
Cholesterol test		Other (STD testing/PPD/etc)	